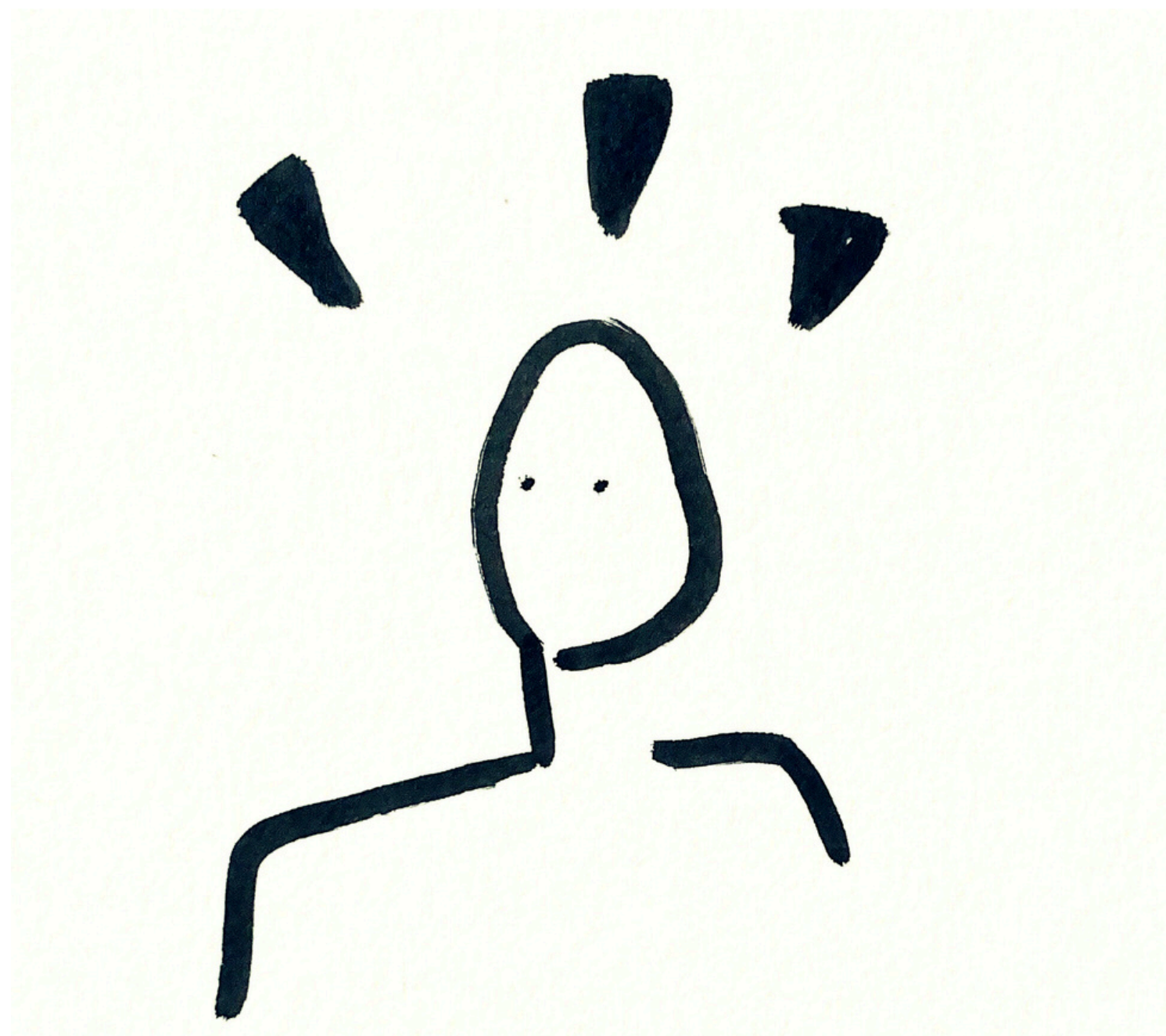
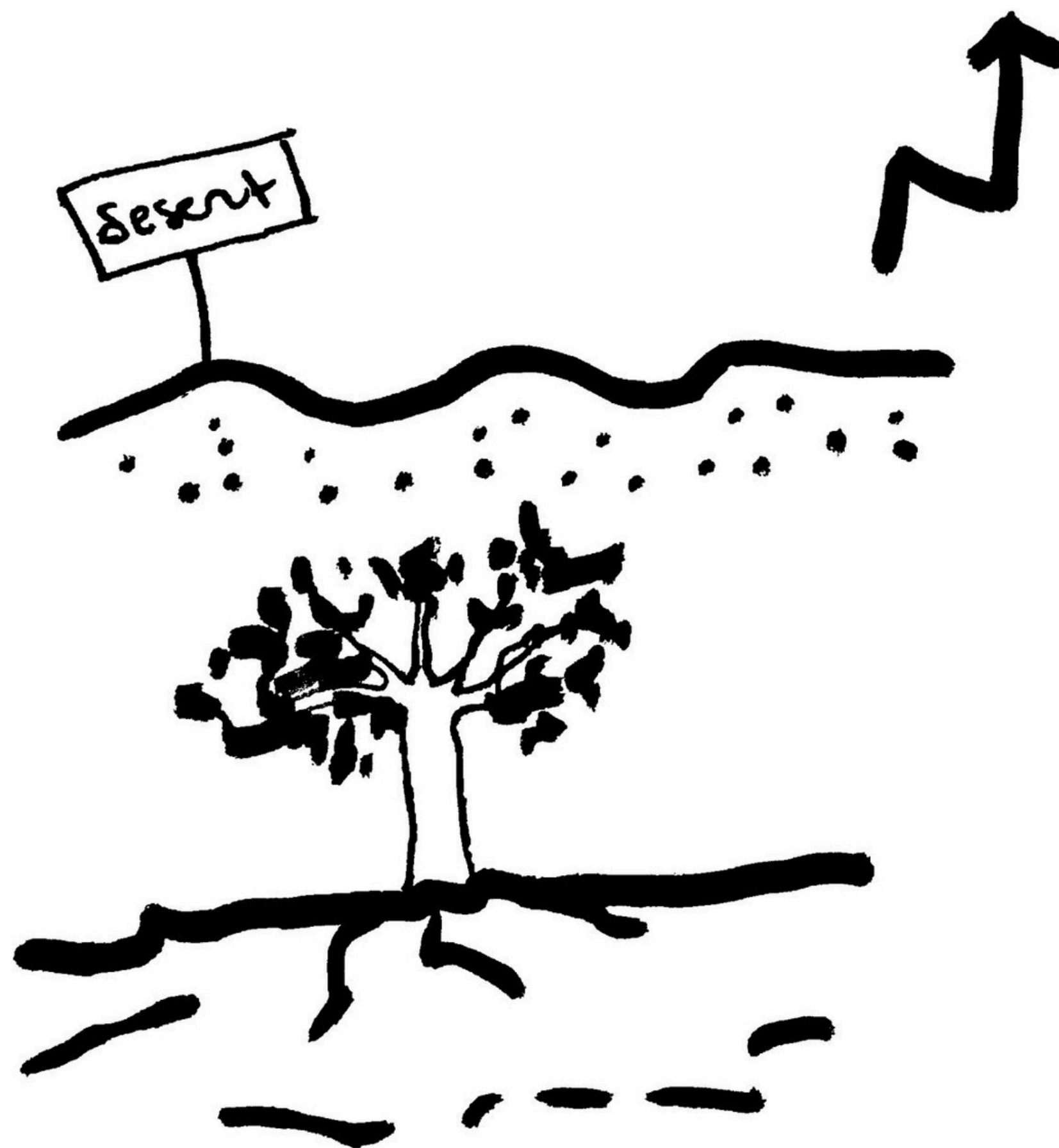
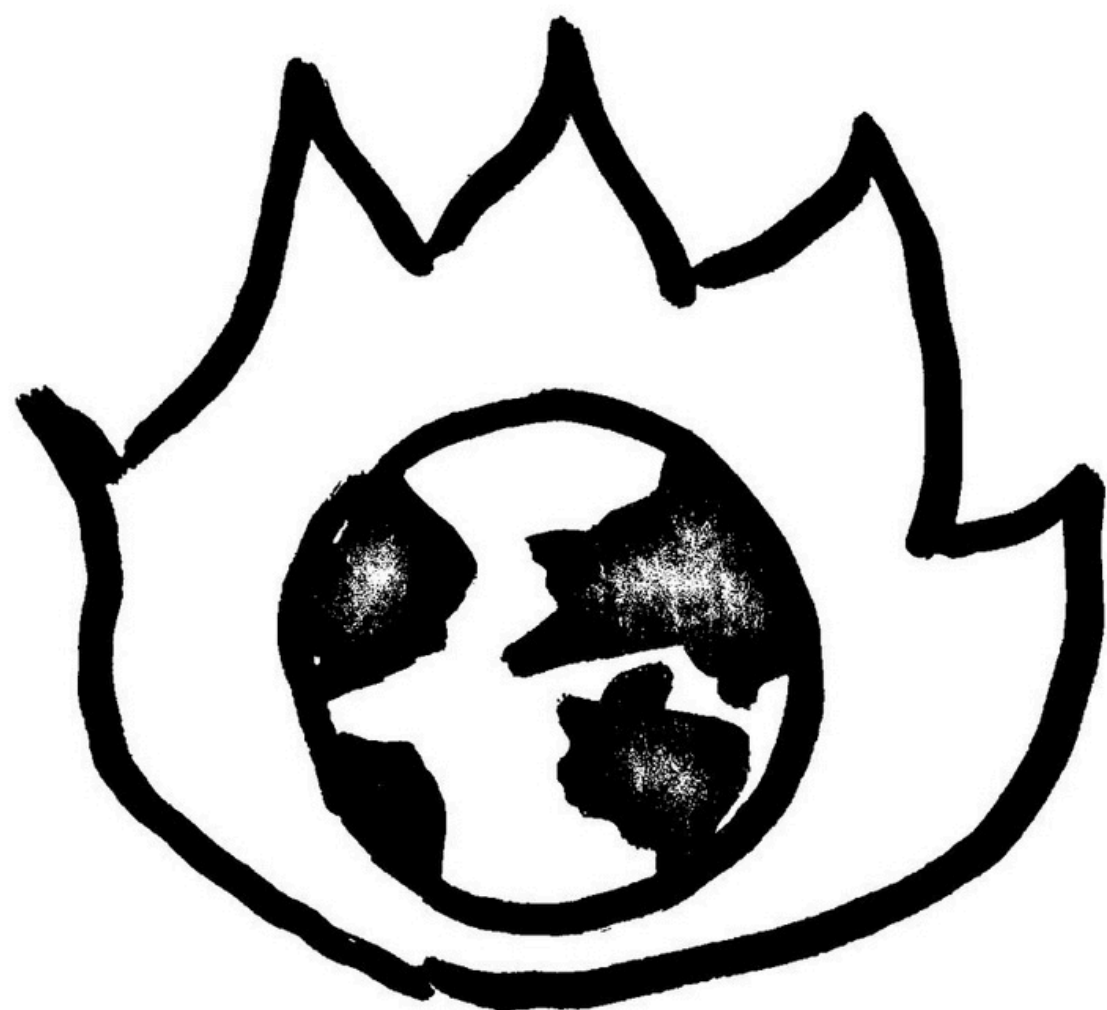


**I am conscious therefore ...**



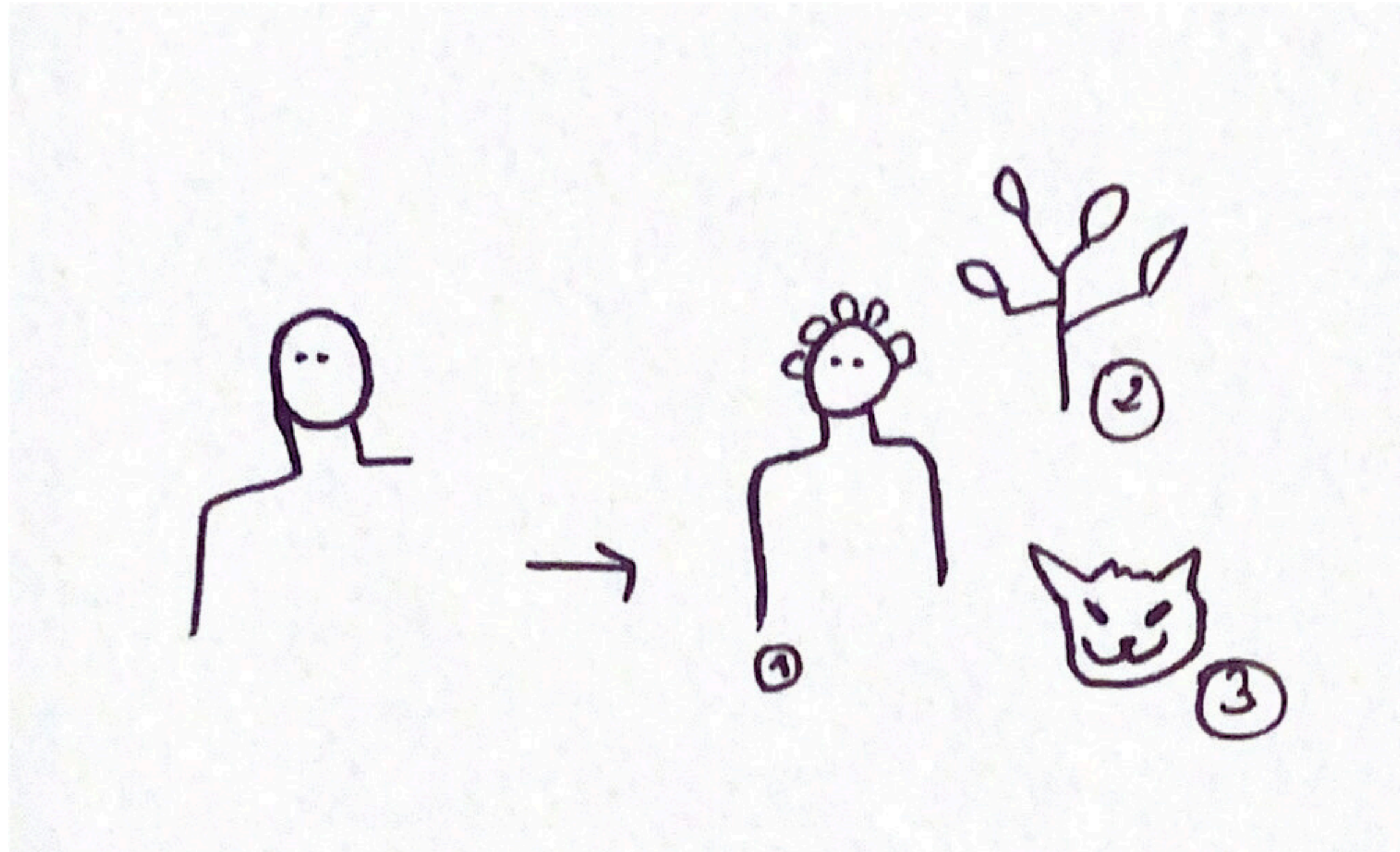
# Introduction:

We stand at a crossroads in history, not just as individuals, but as a species. To be conscious today is to feel the weight of the world's fragility in our hands. The deserts expand, the forests retreat, the rivers choke. And yet, we act as if Earth's suffering is separate from our own.



**But consciousness is not passive.**

# I. The Dual Nature of Consciousness: From Self to the Other





Let us begin with the foundational word: "conscience." Its etymology stems from the Latin "cum-scientia" meaning "knowing with."

This is not mere knowledge, but knowledge that we know. It is the awareness of our own awareness, the light by which we perceive our own perception. Now, let us engage in a brief philosophical calculation:

***"I know that I know. I know that I think. I think, therefore I am. I am aware of myself. "***



**“I am conscious, therefore I am aware”.**



This chain of reasoning brings us to Descartes, the father of modern consciousness studies. In the 17th century, his cogito turned humanity's gaze inward toward the self. Today we no longer can sustain the belief that only our own mind is real, for the Other stands before us, undeniable in flesh and presence. The "**Other**" that we're not familiar with is no longer just human. It is the parched earth, the vanishing species, the deserts creeping outward. The moral question is no longer "Is the Other good or evil?" but "What do we owe the Earth?"



**"I am conscious, therefore I know the Other exists.  
I am conscious, therefore I possess moral judgment."**  
Consciousness expands from "I am" to "We are."

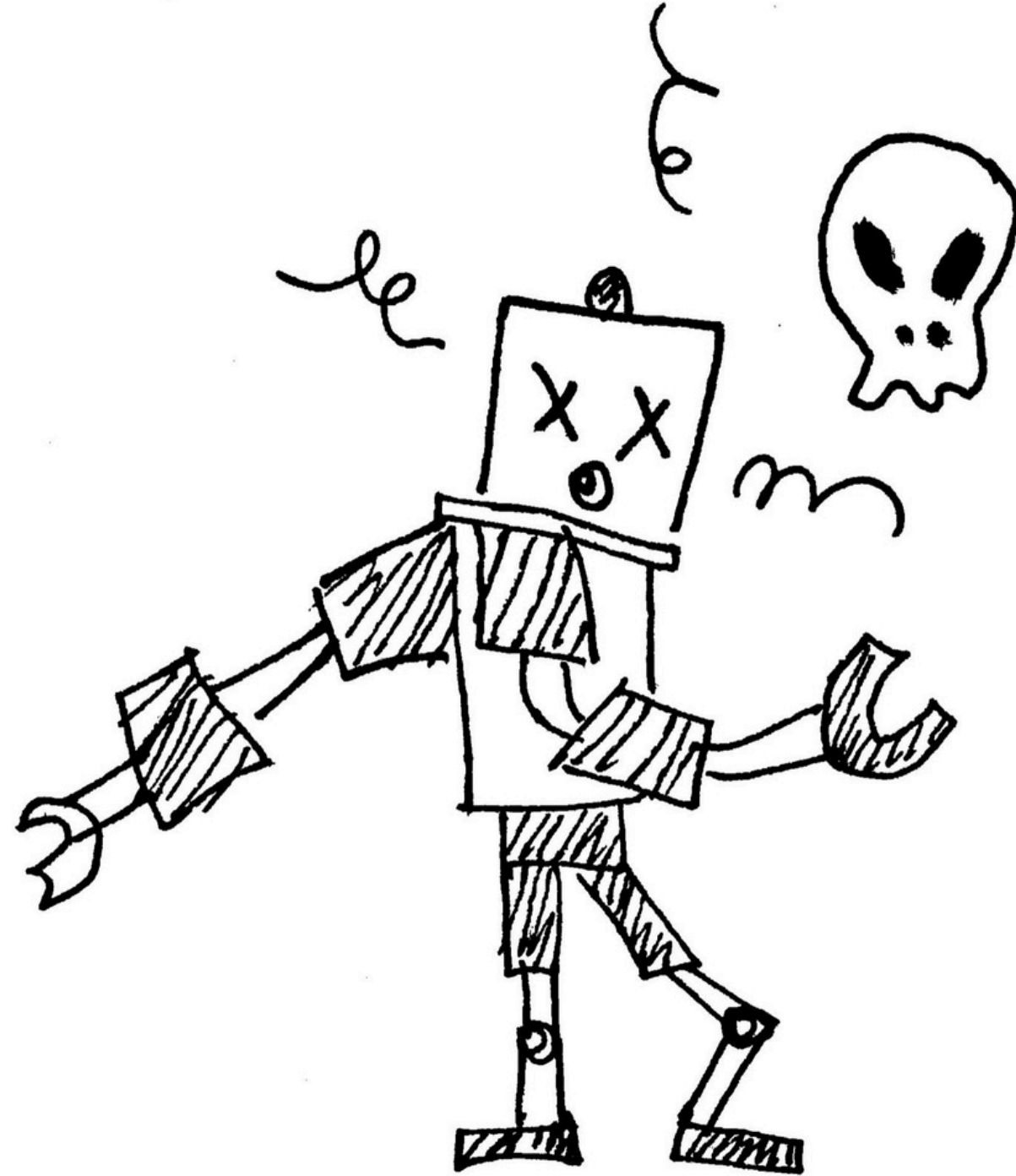


## II. The Rise of Science: From Tool to Dogma

Science, once sacred , a dialogue with the stars and seasons has become a weapon against nature. We began to worship progress without wisdom, power without purpose. Science has granted us longer lives, yet paradoxically, it has also shortened them. Medicine extends our years, but will Earth sustain us in 50 more? We extended lifespans through medicine while shortening them through pollution. We conquered diseases while inventing new ones of loneliness, of meaninglessness. We built a utopia of convenience, yet forgot the most essential element: **balance**. We are evolving backwards.

Technologically, we advance; yet spiritually and ecologically, we regress. We've lost touch with the universe, trading wisdom for data.

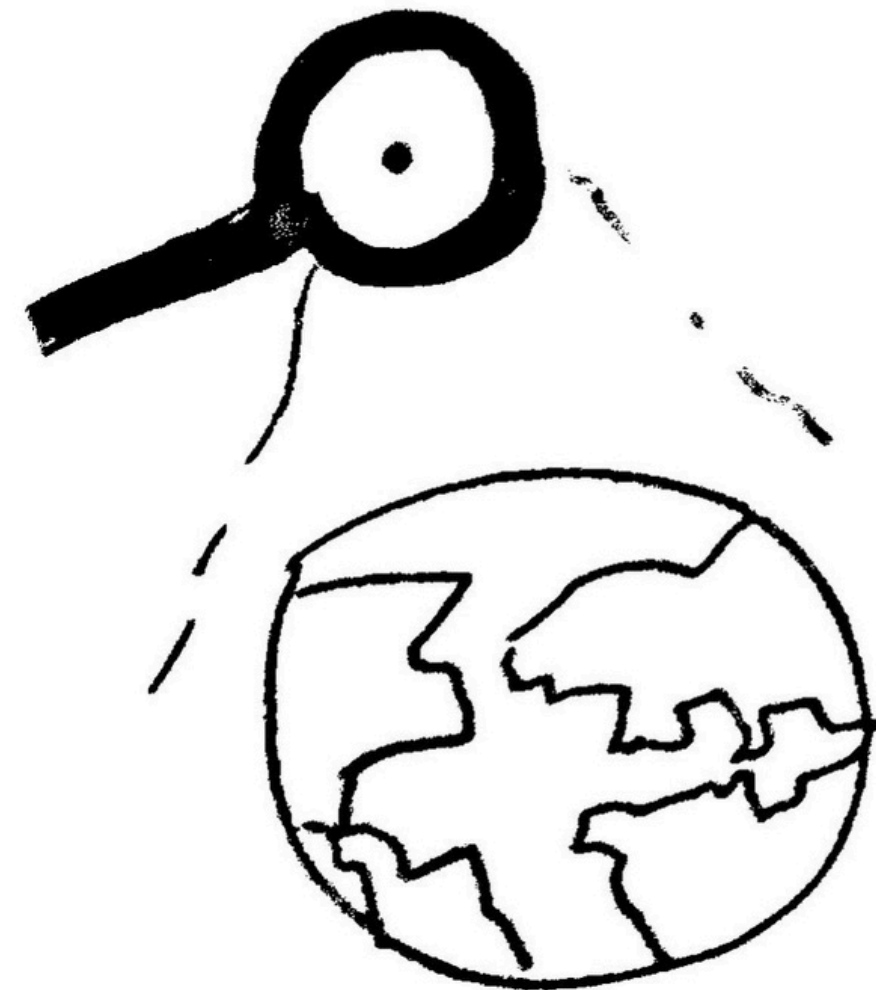
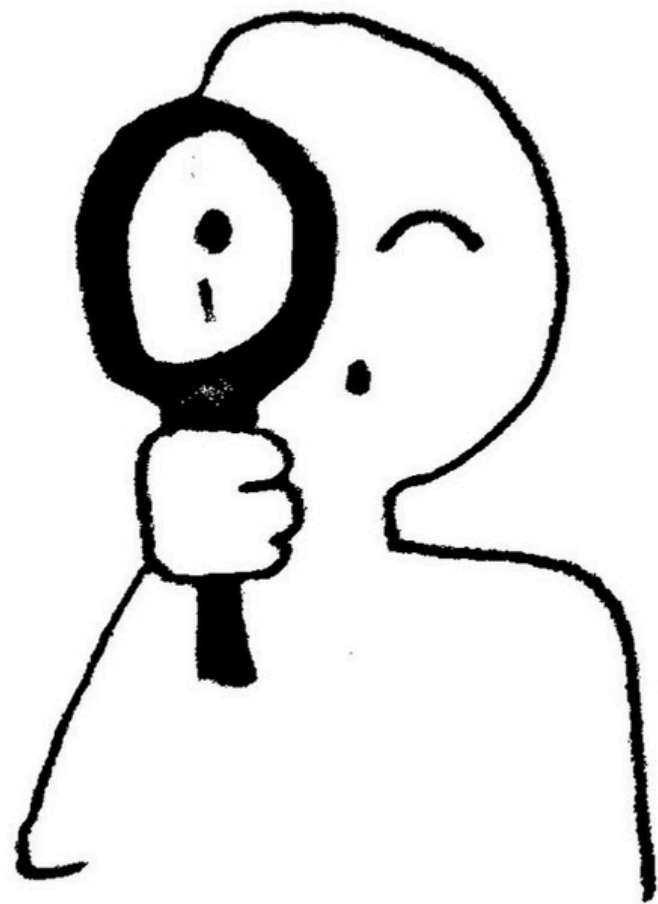
**Science without ecological conscience is suicide**



### **III. The Crisis of Disconnection: Science without conscience is ruin**

Here lies the paradox: The more we know, the less we understand. We have sequenced the human genome but forgotten how to listen to our own souls. We communicate across continents in milliseconds but have lost the art of true presence. This is not a call to abandon science but to reclaim it. To restore the bridge between empirical knowledge and moral wisdom. When science operates without conscience, it becomes the tool of its own destruction. But when guided by moral vision by the sacred principles found in all faiths it can heal.

If we shift our gaze from the infinitesimally small to the infinitely vast if we see the world as a collective rather than as isolated egos, if we reclaim the "human" within us, perhaps we can extend Earth's lifespan by even a single day.



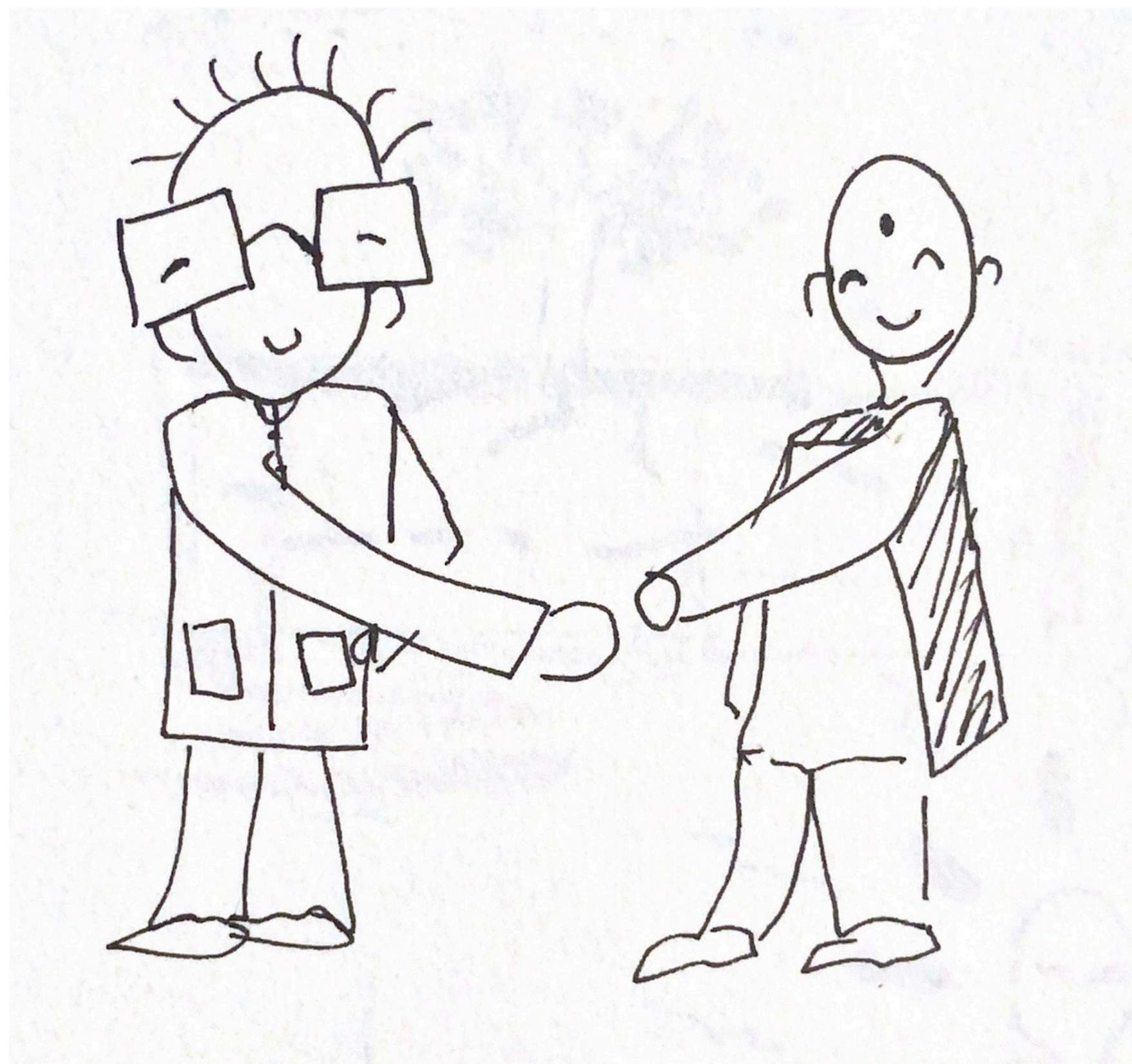


## ***Why has humanity turned its back on religion?***

Today, religion is reduced to blind faith a belief in something because our world has lost its sacred dimension. When science is guided by conscience and faith, when we recognize that every drop of water wasted, every forest razed, is a moral failing, we begin to heal.

Science without conscience is ruin. Religion without action is empty.

Let us merge the two: Let science restore the Earth, and let faith restore our souls. Only then will consciousness true "***knowing with***" lead us not just to survival, but to transcendence.



Centuries ago, Descartes declared, "***I think, therefore I am.***" Today, we must go further: "***I am conscious, therefore I am responsible.***" Responsible for the water we waste, the land we degrade, the future we steal.

I am conscious, therefore I ***act***, and in acting with conscience, we redeem not just the Earth, but our very humanity.



**Thank you**

